By Durham County Ordinance, the following outdoor areas will be SMOKE-FREE effective August 1, 2012:

- City of Durham Grounds;
- City of Durham Parks System including playgrounds and athletic fields;
- City and County Bus Stops (including a radius extending 100 feet around the bus stop, excluding any private property that may fall in that radius);
- Durham County Grounds;
- Durham County Trails and Parks;
- **Durham Station Transportation Center** (except as specifically designated);
- Durham Train Station (except as specifically designated); and
- Sidewalks that are owned, leased, maintained or occupied by the City or County of Durham and abut the grounds of Durham County, Durham City, any public schools, or hospitals. Do

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Call (919) 560-7600 for more information

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Public Health

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A healthier Durham includes YOU and those around you! If you want to QUIT smoking, consider the following:

- Research shows that using many different ways to quit smoking increases your chances of becoming a "former smoker."
- Tell your family and friends about your plans to quit.
- Call I-800-QUIT-NOW (Quitline NC) for help developing a plan that is right for YOU!
- Talk with your healthcare provider about quitting.
- Attend Fresh Start—Durham County's free quit smoking classes.
 For more information, call (919) 560-7765.
- Write down your reasons for quitting and keep the list where it is visible.

Download a Durham County quit smoking resource list by visiting: www.dconc.gov/publichealth

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